



CHRISTMAS



SPRINTERS CANTEEN TUESDAY 3 DECEMBER

STARTERS

Roasted parsnip, sweet potato and ginger soup
served with crusty bread

(VEGAN & GLUTEN FREE)

(Contains: celery, gluten)

DESSERTS

Traditional christmas pudding
served with brandy sauce

(Contains: gluten, sulphites, milk, soya)

Festive fresh fruit salad

MAIN COURSE

Escalope of roast turkey filled with apricot and sage stuffing served with pigs in blankets, roast gravy, cranberry sauce and bread sauce

(GLUTEN FREE OPTION AVAILABLE)

(Contains: gluten, sulphites, celery, milk)

Triple chocolate calypso torte
with a white chocolate, coffee and tia maria centre served with a compote of winter berries

(Contains: milk, soya, gluten, sulphites)

Fillet of hake topped with an Orkney crab, lemon and herb crust served on a bed of braised leeks and pearl barley topped with a creamy white wine and pink peppercorn sauce

(Contains: fish, shellfish, milk, gluten, celery)

PRICE

Starter £1.30

Main course £6.60

Dessert £2.50

3 Courses £10.00

Festive filo parcel filled with a wild mushroom, spinach and blue cheese ragout served with a red wine and rosemary jus

(VEGETARIAN, VEGAN OPTION AVAILABLE)

(Contains: gluten, celery, milk, sulphites)

All served with a selection of seasonal vegetables, steamed and roast potatoes

